



# Pennsylvania YMCA Districts – WEST 2024

March 7-9, 2024

## ORDER OF EVENTS

**Session 1: Thursday, March 7 Age Group 11 & OLDER**

**1650 only 12:00pm Warm-up – 1:00pm Start**

**All other events 2:45pm Warm-up – 4:15pm Start**

**Officials Meeting – 2:45pm**

**Coaches Meeting – 2:30pm**

**Timers Meeting – 3:50pm**

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
<b>311</b>	<b>13-14 1650 Freestyle</b>	<b>312</b>
<b>411</b>	<b>15-21 1650 Freestyle</b>	<b>412</b>
<b>201</b>	<b>11-12 200 Butterfly</b>	<b>202</b>
<b>301</b>	<b>13-14 200 Butterfly</b>	<b>302</b>
<b>401</b>	<b>15-21 200 Butterfly</b>	<b>402</b>
<b>203</b>	<b>11-12 50 Backstroke</b>	<b>204</b>
<b>303</b>	<b>13-14 100 Breaststroke</b>	<b>304</b>
<b>403</b>	<b>15-21 100 Breaststroke</b>	<b>404</b>
<b>205</b>	<b>11-12 100 Breaststroke</b>	<b>206</b>
<b>305</b>	<b>13-14 50 Freestyle</b>	<b>306</b>
<b>405</b>	<b>15-21 50 Freestyle</b>	<b>406</b>
<b>207</b>	<b>11-12 50 Freestyle</b>	<b>208</b>
<b>307</b>	<b>13-14 400 Individual Medley</b>	<b>308</b>
<b>407</b>	<b>15-21 400 Individual Medley</b>	<b>408</b>
<b>209</b>	<b>11-12 100 Individual Medley</b>	<b>210</b>



## Pennsylvania YMCA Districts – WEST 2024

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### Session 2: Friday, March 8 Age Groups 13-14 and 15-21

7:30am Warm-up – 9:00am Start

Officials Meeting – 8:00am

Coaches Meeting – 7:45am

Timers Meeting – 8:40am

Girls	Event	Boys
313	13-14 200 Freestyle	314
413	15-21 200 Freestyle	414
315	13-14 200 Backstroke	316
415	15-21 200 Backstroke	416
317	13-14 100 Butterfly	318
417	15-21 100 Butterfly	418
319	13-14 200 Individual Medley	320
419	15-21 200 Individual Medley	420
333	13-14 200 Free Relay	334
433	15-21 200 Free Relay	434
323	13-14 1000 Freestyle	324
423	15-21 1000 Freestyle	424

### Session 3: Friday, March 8 Age Groups 10 & Under and 11-12

2:30pm Warm-up – 4:00pm Start

Officials Meeting – 3:00pm

Coaches Meeting – 2:45pm

Timers Meeting – 3:40pm

Girls	Event	Boys
101	10&U 50 Freestyle	102
213	11-12 200 Freestyle	214
103	10&U 100 Breaststroke	104
215	11-12 50 Breaststroke	216
105	10&U 50 Backstroke	106
217	11-12 200 Backstroke	218
107	10&U 50 Butterfly	108
221	11-12 200 Individual Medley	222
109	10&U 200 Individual Medley	110
219	11-12 100 Butterfly	220
111	10&U 100 Freestyle	112
223	11-12 200 Medley Relay	224
113	10&U 200 Medley Relay	114



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### Session 4: Saturday, March 9

7:30am Warm-up – 9:00am Start Age Group 13-14 and 15-21

Officials Meeting – 8:00am

Coaches Meeting – 7:45am

Timers Meeting – 8:40am

Girls	Event	Boys
321	13-14 200 Medley Relay	322
421	15-21 200 Medley Relay	422
325	13-14 100 Freestyle	326
425	15-21 100 Freestyle	426
327	13-14 100 Backstroke	328
427	15-21 100 Backstroke	428
329	13-14 200 Breaststroke	330
429	15-21 200 Breaststroke	430
331	13-14 500 Freestyle	332
431	15-21 500 Freestyle	432
309	13-14 400 Freestyle Relay	310
409	15-21 400 Freestyle Relay	410

### Session 5: Saturday, March 9 Age Group 10 & Under and

11-12 2:00pm Warm-up – 3:30pm Start

Officials Meeting – 2:30pm

Coaches Meeting – 2:15pm

Timers Meeting – 2:50pm

Girls	Event	Boys
211	11-12 400 Freestyle Relay	212
115	10&U 100 Individual Medley	116
225	11-12 100 Freestyle	226
117	10&U 200 Freestyle	118
227	11-12 50 Butterfly	228
119	10&U 100 Backstroke	120
229	11-12 100 Backstroke	230
121	10&U 50 Breaststroke	122
231	11-12 200 Breaststroke	232
123	10&U 100 Butterfly	124
233	11-12 500 Freestyle	234
125	10&U 200 Freestyle Relay	126
235	11-12 200 Freestyle Relay	236