

Pennsylvania YMCA Districts – WEST 2026

MEET TIMELINE

Friday, March 6 – SPIRE INSTITUTE

	Session 1
Age Groups	11 & OLDER Timed Finals
Warm-up (1650 only) Start	11:15 AM
Positive Check-in	11:15 AM
Officials Meeting (#1)	11:30 AM
Start of 1650	12:00 PM
Warm-up Start	1:40 PM
Coaches Meeting	1:45 PM
Officials Meeting	2:00 PM
Timers Meeting	2:20 PM
Start of Session	3:00 PM

Saturday, March 7 – SPIRE INSTITUTE

	Session 2	Session 3
Age Groups	13-14 & 15-21 Timed Finals	11-12 & 10 & U Timed Finals
Warm-up Start	8:00 AM	2:20 PM
Coaches Meeting	8:15 AM	2:30 PM
Officials Meeting	8:30 AM	2:15 PM
Timers Meeting	8:50 AM	2:50 PM
Pump Award	9:15 AM	
Start of Session	9:30 AM	3:15 PM

Sunday, March 8 – SPIRE INSTITUTE

	Session 4	Session 5
Age Groups	13-14 & 15-21 Timed Finals	11-12 & 10 & U Timed Finals
Warm-up Start	7:00 AM	1:20 PM
Coaches Meeting	7:15 AM	1:30 PM
Officials Meeting	7:00 AM	1:15 PM
Timers Meeting	7:40 AM	2:00 PM
Start of Session	8:00 AM	2:15 PM